

# Full Syllabus



### **Course Title**

Alternative protein: cultivated and plant-based meat, egg and dairy

בשר מתורבת ותחליפי בשר מהצומח

#### Lecturer

Prof. Nir Ohad (Life Sciences), Prof. Iftach Nachman (Life Sciences), Prof. Alexander Golberg (Porter School of Environmental Studies)

### Semester

Winter

### **Course requirements**

Introductory biology (101, 102, 103), biochemistry, cell biology. Scientific reading/writing capabilities in English.

**Final grade components** 

80% final exam + 20% 1-2 written assignments

Course Schedule 1 <sup>st</sup> Semester, Monday 12-14 Hall 14 Brittania	
Class no. / Date	Subject and Requirements (assignments, reading materials, tasks, etc.)
1	Introduction to cultivated meat
2	Introduction to fermentation
3	Introduction to plant-based meat – part I
4	Introduction to plant-based meat – part II
5	Cells & cell differentiation
6	Cell differentiation (cont.) + Cell culture and measurement tools
7	Tissue eng. I
8	Tissue eng. II
9	Plant Based Meat Raw Materials and optimization;
10	Plant based meat Texturization technologies, Texture nutrition optimization and regulation
11	Introduction to seaweed
12	<ul><li>(1) Guest lecture - Cultivated meat company</li><li>(2) Guest lecture - Plant based meat company</li></ul>
13	Invited guest lectures: (1) Egg/Milk company guest lecture (2) State of the industry



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\* Post, M. & van der Weele, C. Chapter 78 - Principles of Tissue Engineering for Food. in Principles of Tissue Engineering (Fourth Edition) (eds. Lanza, R., Langer, R. & Vacanti, J.) 1647–1662 (Academic Press, 2014). doi:10.1016/B978-0-12-398358-9.00078-1

\* Ben-Arye, T. & Levenberg, S. Tissue Engineering for Clean Meat Production. Front. Sustain. Food Syst. 3, 89 (2019).

\* Kyriakopoulou, K., Dekkers, B. & van der Goot, A. J. Chapter 6 - Plant-Based Meat Analogues. in Sustainable Meat Production and Processing (ed. Galanakis, C. M.) 103–126 (Academic Press, 2019). doi:10.1016/B978-0-12-814874-7.00006-7

### **Optional course reading**

\* Dey, Tania. Fennema's Food Chemistry, Fourth Edition, Edited by Srinivasan Damodaran, Kirk L. Parkin and Owen R. Fennema. Journal of Dispersion Science and Technology - J DISPER SCI TECH. 10.1080/01932691.2011.584482. (2011)

\* Maskan, M. (Ed.), Altan, A. (Ed.). Advances in Food Extrusion Technology. Boca Raton: CRC Press, https://doi.org/10.1201/b11286. (2012)

\* Specht, E. A., Welch, D. R., Rees Clayton, E. M. & Lagally, C. D. Opportunities for applying biomedical production and manufacturing methods to the development of the clean meat industry. Biochem. Eng. J. 132, 161–168 (2018).

\* Specht, L. An analysis of culture medium costs and production volumes for cell-based meat. (2019).

\* Bryant, C. & Barnett, J. Consumer acceptance of cultured meat: A systematic review. Meat Sci. 143, 8–17 (2018).

\* Listrat, A. et al. How Muscle Structure and Composition Influence Meat and Flesh Quality. ScientificWorldJournal 2016, 3182746 (2016).

\* Flavor of Meat and Meat Products | Fereidoon Shahidi | Springer. Available at:

https://www.springer.com/gp/book/9781461359111. \* Du, M., Wang, B., Fu, X., Yang, Q. & Zhu, M.-J. Fetal programming in meat production. Meat Sci. 109, 40– 47 (2015).

\* Yin, H., Price, F. & Rudnicki, M. A. Satellite cells and the muscle stem cell niche. Physiol. Rev. 93, 23–67 (2013).

\* Péault, B. et al. Stem and progenitor cells in skeletal muscle development, maintenance, and therapy. Mol. Ther. 15, 867–877 (2007).

\* Hocquette, J. F. et al. Intramuscular fat content in meat-producing animals: development, genetic and nutritional control, and identification of putative markers. Animal 4, 303–319 (2010).

\* Mehta, F., Theunissen, R. & Post, M. J. Adipogenesis from Bovine Precursors. in Myogenesis: Methods and Protocols (ed. Rønning, S. B.) 111–125 (Springer New York, 2019). doi:10.1007/978-1-4939-8897-6\_8

\* Miao, Z. G. et al. Invited review: mesenchymal progenitor cells in intramuscular connective tissue development. Animal 10, 75–81 (2016).

\* Grzelkowska-Kowalczyk, K. The Importance of Extracellular Matrix in Skeletal Muscle Development and Function. in Composition and Function of the Extracellular Matrix in the Human Body (ed. Travascio, F.) (InTech, 2016). doi:10.5772/62230

\* Qazi, T. H., Mooney, D. J., Pumberger, M., Geissler, S. & Duda, G. N. Biomaterials based strategies for skeletal muscle tissue engineering: existing technologies and future trends. Biomaterials 53, 502–521 (2015).

\* Keeney, M., Han, L.-H., Onyiah, S. & Yang, F. Tissue Engineering: Focus on the Musculoskeletal System. Biomaterials Science: An Integrated Clinical and Engineering Approach 191 (2012).



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\* Xu, J., Towler, M. & Weathers, P. J. Platforms for Plant-Based Protein Production. in Bioprocessing of Plant In Vitro Systems (eds. Pavlov, A. & Bley, T.) 1–40 (Springer International Publishing, 2016). doi:10.1007/978-3-319-32004-5\_14-1

\* Day, L. Proteins from land plants--potential resources for human nutrition and food security. Trends Food Sci. Technol. 32, 25–42 (2013).

\*Dey, Tania. Fennema's Food Chemistry, Fourth Edition, Edited by Srinivasan Damodaran, Kirk L. Parkin and Owen R. Fennema. Journal of Dispersion Science and Technology - J DISPER SCI TECH. 10.1080/01932691.2011.584482. (2011)

\*Maskan, M. (Ed.), Altan, A. (Ed.). Advances in Food Extrusion Technology. Boca Raton: CRC Press, https://doi.org/10.1201/b11286. 2012

\*Osen, R., & Schweiggert-Weisz, U. High-moisture extrusion: meat analogues. In

Reference Module in Food Science (pp. 1–6). Elsevier Inc. doi:

10.1016/B978-0-08-100596-5.03099-7.2016

\*Kinney, M.J., Weston, Zak, & Bauman J.D. Plant based meat manufacturing by extrusion. Available at https://www.gfi.org/images/uploads/2019/11/Plant-Based-Meat-Manufacturing-Guide-\_GFI.pdf . 2019 \*Hadnadjev, Miroslav & Dapčević Hadnađev, Tamara & Pojić, Milica & Šarić, Bojana & Mišan, Aleksandra & Jovanov, Pavle & Sakač, Marijana. Progress in vegetable proteins isolation techniques: A review. Food and Feed Research. 44. 11-21. 10.5937/FFR1701011H. 2017

### Comments

The course will be in English.